



Republic of the Philippines
Department of Education
Region IX, Zamboanga Peninsula
DIVISION OF PAGADIAN CITY



May 8, 2023

DIVISION MEMORANDUM

No. 104-A, S. 2023


ANNUAL MEDICAL AND DENTAL EXAMINATION OF ALL DEPED- PAGADIAN CITY PERSONNEL

TO: **Assistant Schools Division Superintendent**
Chief Education Supervisors, SGOD and CID
Education Program Supervisors
Public Schools District Supervisors) All Districts
All Division Personnel
All School Administrators) All Levels
All Teaching and Non-Teaching Personnel) This Division
All Others Concerned

1. This Office announces the conduct of **Annual Medical and Dental Examination** to all the employees of this Division starting May 10, 2023 to July 31, 2023.
2. The purposes of this yearly activity are:
 - a. to assess the over-all health and wellness of the personnel in preparation for the incoming school year;
 - b. to determine the health status of the personnel, thereby preventing the occurrence of illness;
 - c. to treat the disease if it has already set in and deter the progression, if not totally treat it; and
 - d. to ensure that all personnel are physically, mentally, orally and emotionally fit to perform effectively and efficiently their designated tasks.
3. Relative to this, all personnel are requested to undergo the following laboratory/ diagnostic exams:

a. CBC	g. Lipid Profile
b. Chest X-ray (except for pregnant employees)	h. FBS
c. Sputum AFB (to pregnant women)	i. S. Creatinine
d. Urinalysis	j. HBA1C (optional: only to those with pre-existing condition like Diabetes Mellitus)
e. S. Uric Acid	
f. SGPT	
4. All employees who shall undergo the laboratory examinations are advised not to take anything by mouth (N.P.O.) after midnight or 10 hours until the tests are done the following morning.
5. Dental examination and clearance shall be done as to the Division Dentists' schedule to be announced in the public.
6. Immediate dissemination of and strict compliance with this Memorandum is directed.

For the Schools Division Superintendent:


MARIA DIOSA Z. PERALTA
CID Chief
In-Charge of Office

